



Mountain Hiking Week from 09 to 14 July 2023

Sunday, 9 July 2023: Opening ceremony with presentation of the hiking programme

Monday, 10 July 2023: Sarnerscharte and Villanderer Mountain

A long and demanding tour with two summit experiences with a traverse from the Eisack Valley into the Sarner Valley.

walking time 7 hours - ascent 780 m - descent 1.300 m - distance 21 km

Tuesday, 11 July 2023: The 7 Lakes Tour in the Ridnaun Valley

Seven lakes in the Stubai Alps with wonderful views, wild waterfalls and great glaciers.

walking time 6 hours - ascent 686 m - descent 1.401 m - distance 15 km

Wednesday, 12 July 2023: Oskar Schuster tour on the Sassolungo

This special mountain experience on the King of the Dolomites will inspire you. We will be accompanied by the Rosengarten Alpine School Welschnofen.

walking time 6 hours - ascent 800 m - descent 1.250 m - distance 12 km

Thursday, 13 July 2023: Tyrolean high trail to the Europapütte

A "border hopping" between South Tyrol and Nord Tyrol.

walking time 6 hours - ascent 530 m - descent 1.360 m - distance 14 km

Friday, 14 July 2023:

We leave this day open in order to be able to react flexibly to a bad weather day.

In the evening: presentation of the best pictures of the week; you will receive these on a stick as a present.

The price of 140,00 € per person includes hiking guide and hiking bus.

The costs for food and lifts are to be paid extra.

The climbing day with the Rosengarten Alpine School including climbing equipment costs additionally per person approx. 80,00€.

Minimum number of participants 15 persons